

**MINUTES: Healthy Carolinians of Macon County – Steering Committee**

**DATE:** October 1, 2008

**PLACE:** Health and Human Services Building

**TIME:** 10:00 AM – 12:00 N

**ATTENDEES:** Rhonda Blanton, Teresa Breedlove, Lisa Hilliard, Kathy McGaha, Barbara McRae and Martin Wadewitz

TOPIC	DISCUSSION	ACTION	FOLLOW-UP
Welcome and Approval of Minutes	Kathy McGaha welcomed everyone to today’s meeting of the Steering Committee. Ms. McGaha said the approval of minutes will be done at the next meeting.		
Committee Updates	<p>Kathy McGaha asked for an update on the following committees:</p> <p><u>Access to Care Committee</u> - Lisa Hilliard, Chair</p> <ul style="list-style-type: none"><li>• Kathy McGaha reported that a recent meeting had been held with Jack Horton, Jim Bruckner, Tim Hubbs and Marty Wadewitz. Angel Medical Center stated they would provide support but not facilitate being the main site to provide access to primary care.</li><li>• Lisa Hilliard said this committee has agreed the next step is to prepare a presentation for the Macon County Board of Commissioners of this committee’s findings. Jim Bruckner and Kathy McGaha volunteered to prepare the draft of the presentation with the committee’s recommendations.</li></ul> <p><u>Chronic Disease Committee</u> – Teresa Breedlove, Chair</p> <ul style="list-style-type: none"><li>• Teresa Breedlove stated the Walk to Bethlehem program has started in four local churches. This program will run from September 28<sup>th</sup> to December 21<sup>st</sup>.</li><li>• Ms. Breedlove reported that Jennifer Garrett and Kathy McGaha had recently attended a regional meeting on Childhood Obesity and Nutrition.</li></ul> <p><u>Community Needs Assessment Committee</u> – Anne Hyder, Chair</p> <ul style="list-style-type: none"><li>• Kathy McGaha reported that Becky Barr and she are currently working on the State of the County Report and hope to have it completed by the end of the month.</li></ul>		

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	<p><u>Elder Care and Caregivers Committee</u> – Dr. Vargas, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha reported this committee is currently working with the Macon County Senior Services Advisory Council on the topics of Senior Friendly Communities and Planning for Future Senior Needs.</li> </ul> <p><u>Environmental Quality Task Force</u> – Jim Bruckner, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha stated this committee is working on developing a postcard that will inform and promote consumer awareness for well and septic system maintenance.</li> <li>• Ms. McGaha said Barry Patterson had also provided updates on the new well program and the proposed animal shelter.</li> </ul> <p><u>Strengthening Families Committee</u> – Vanessa Bailey, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha said this committee is currently working on three interventions:               <ol style="list-style-type: none"> <li>1. Develop a Family Resource Center</li> <li>2. Establish a Soup Kitchen</li> <li>3. Establish Emergency Housing for Homeless Families</li> </ol> </li> </ul> <p><u>Substance Abuse Task Force</u> – Robby Holland, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha said this committee is currently in the middle of their Strategic Framework Planning Process. This process is being conducted by Susan Johnson from the Western Center for Prevention Resources.</li> </ul> <p><u>New Mental Health Committee</u> – Jim Bruckner, Chair</p> <ul style="list-style-type: none"> <li>• Kathy McGaha said the purpose of this newly formed committee was to continue the planning efforts made by the Mental Health Task Force and begin implementation of the County Mental Health Plan.</li> </ul>		

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Unnatural Causes	<p>Kathy McGaha explained that the Healthy Carolinians partnerships in western North Carolina have combined together to work on a WNC Regional Healthy Carolinian Project. This project is to promote the viewing of the film series “Unnatural Causes” and organizing community dialogues to further discuss the topics covered in this film series.</p> <p>Ms. McGaha asked the committee members to consider the best way to organize and begin these community dialogues and start this process. Ms. McGaha asked the committee members to provide ideas and suggestions. Some suggestions were:</p> <ul style="list-style-type: none"> <li>○ Small local groups or organizations</li> <li>○ Local civic clubs and organizations</li> <li>○ Healthy Carolinian committees and task forces</li> <li>○ Targeted individuals</li> </ul> <p>Ms. McGaha also asked the committee members how they would like to view the film series. After a group discussion, the committee members agreed to view part of the film series at their next meeting in January. The committee members also suggested having a meal with this viewing. Rhonda Blanton and Ms. McGaha will set up this luncheon meeting.</p>	<p>Rhonda Blanton and Kathy McGaha will set up a luncheon meeting and film viewing for the meeting in January.</p>	
Next Meeting Date	<p>The next meeting of the Steering Committee will be held on Wednesday, January 7<sup>th</sup>, from 11:00 AM – 1:00 PM in Meeting Rooms A/B at the Health and Human Services Building.</p>		